

## What is RETAIN Kentucky?

RETAIN Kentucky is a federally-funded research study implemented by the University of Kentucky designed to expand services to help thousands of newly injured and ill employees across the Commonwealth stay in the workforce. The free program is open to individuals 18 and older who have non-occupational illnesses or injuries that prevent them from performing their jobs. Participants will get support to identify their stay-at-work and return-to-work goals and take steps to achieve those goals.

All eligible, enrolled participants will have support to identify their stay-at-work and return-to-work goals and take steps to achieve those goals through the development of an individualized Return-to-Work Plan. All participants will also receive connections to community resources to help with day-to-day challenges and employment support.



### Am I eligible to participate in RETAIN?

To be eligible to participate in RETAIN, you must:

1. Be a Kentucky resident
2. Have a non-work-related injury or illness
3. Be employed or have been employed during the last 12 months

Please note that as a participant, you must be able and willing to participate in the intake process. If you meet the criteria above, a representative from RETAIN will call with information about the program.



### How do I enroll?

People who meet the above eligibility criteria can contact RETAIN by doing ONE of the following:

- Scan the QR Code on this sheet with your smartphone camera, answer 5 questions and provide your name and contact information
- Email your name and contact information to [RETAIN@uky.edu](mailto:RETAIN@uky.edu)

Scan this QR code  
to start a referral!

